

# HELO CASE STUDY - BREATHE HEALTH SPA: LINGFIELD

CLIENT:	Marriott Hotels
SITE:	Lingfield Racecourse
PROJECT	Breathe Health Spa



# Helo UK is pleased to announce the completion of a professional Wellness facility for Marriott Hotel, Lingfield, Surrey.

The Marriott Hotel and Country Club, situated in the stunning grounds of Lingfield Park, commissioned Helo to design, build and install a state of the art spa to include sauna, steam, rhassoul and treatment rooms.

Main Image. Lingfield Spa - Orient massage table and aromatherapy bath











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#### A: Shower & Ice:

To complement the sauna and steam rooms, a combined feature shower and exhilarating ice fountain enables users to cool down after a heat treatment.

#### B: Rhassoul:

This room gently leads users through the cleansing cycle. A state of the art, fully programmed facility for steam, mud application, drying and showering. Pure luxury...

#### C: Bathing & Massage:

Finally, two Helo water massage beds and a high-intensity Helo massage bath complete this sumptuous spa experience

## D: Sauna:

The swish herbal sauna incorporates horizontal Hemlock and curved Abachi wood bench fronts, designed with both style and comfort in mind. An automatic heater-dosing system maintains a steady humidity and aroma, complemented by subtle column lighting to help the bather relax and unwind.

## E: Tiled Steam:

This contemporary style steam room is tiled in terrazzo mosaics with a bespoke steam column featuring a stunning up-lit cathedral amethyst crystal.



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